

**LEVEL 7**  Working On  Mastered

**GOAL: INCREASE PERFORMANCE**

**TERRAIN: ADVANCED TERRAIN**

- I link turns on groomed black terrain, medium bumps, and easy trees.
- I change edges consistently across the gravity line.
- I apply different tactics to manage a variety of snow conditions.
- I can ride efficiently at speed and with intensity.
- I can ride a variety of transition features.
- Safety: I understand the importance of good decision-making based on my abilities and energy level.
- I am ready for Level 8!

**THE MOMENT WHEN I KNEW I COULD SNOWBOARD:** \_\_\_\_\_

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**LEVEL 8**  Working On  Mastered

**GOAL: ALL TERRAIN VARIETY**

**TERRAIN: ALL ADVANCED TERRAIN**

- I can link turns on a variety of expert runs.
- I manage board performance forward and switch.
- I can apply tactics and technique in steep, uneven terrain.
- I apply freestyle principles inside and outside of the park.
- Safety: I can apply safe decision making in all areas of the mountain, including freestyle and freeride terrain.
- I am ready for Level 9!

**MY FIRST IMPRESSION OF SNOWBOARDING:** \_\_\_\_\_

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**LEVEL 9**  Working On  Mastered

**GOAL: MASTERY AND SPECIALIZATION**

**TERRAIN: ADVANCED AND EXPERT TERRAIN**

- I can effectively ride expert terrain with rhythm and flow.
- I can ride switch on advanced terrain.
- I can adapt my technique for changing conditions in expert terrain.
- I apply freestyle principles inside and outside of the park.
- Safety: I am an ambassador of safety while snowboarding.

**MY FUTURE GOALS IN SNOWBOARDING:** \_\_\_\_\_

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**STUDENT NAME:** \_\_\_\_\_

**AGE:** \_\_\_\_\_

**PARENT'S NAME:** \_\_\_\_\_

**PARENT'S CELL PHONE:** \_\_\_\_\_

**ALLERGIES:** \_\_\_\_\_

**COMMENTS:** \_\_\_\_\_

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**INSTRUCTOR NAME:** \_\_\_\_\_

**RESORT LOGO GOES HERE**



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**LEVEL 1**  Working On  Mastered

**GOAL: FUN & BALANCE**

**TERRAIN: FLATS, ROLLERS, GENTLE SLOPES**

- I can put on and take off my own snowboard.
- I can glide and skate with one foot strapped in.
- I maintain balance while gliding over uneven terrain.
- I can change the direction of a glide to toeside and heelside.
- I have tried my first freestyle trick when standing.
- Safety: Sliding across snow feels secure and fun.
- I'm ready for Level 2!

**MY FIRST IMPRESSION OF SNOWBOARDING:** \_\_\_\_\_

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**LEVEL 2**  Working On  Mastered

**GOAL: INDEPENDENCE AND MOVEMENT**

**TERRAIN:**

- I can balance and change direction on the heelside edge.
- I can balance and change direction on the toeside edge.
- I can steer my board into and out of the gravity line toe & heel.
- I can load, ride, and unload the chairlift.
- I learned a freestyle trick when moving in the flats.
- Safety: I look uphill before going across and check my heel side blind spot.
- I'm ready for Level 3!

**THE MOMENT WHEN I KNEW I COULD SNOWBOARD:** \_\_\_\_\_

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**LEVEL 3**  Working On  Mastered

**GOAL: ALL GREEN LEARNING TERRAIN**

**TERRAIN:**

- I can steer my board into the gravity line and change edges.
- I can link turns.
- I can control my speed by turning.
- I can manage different gravity lines.
- I can hop and land when gliding downhill.
- Safety: I can stop safely on the side of the hill where people above me can easily see me.
- I'm ready for Level 4!

**SOMETHING I SAW ANOTHER SNOWBOARDER DO:** \_\_\_\_\_

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**LEVEL 4**  Working On  Mastered

**GOAL: COORDINATION AND PRACTICE**

**TERRAIN: ALL GREEN TERRAIN**

- I link turns consistently.
- I can change the size and shape of my turns.
- I am playing with freestyle moves in the air and on the ground.
- I can ride a cat track and ride through flat areas.
- Safety: I can ride in control, I'm able to stop, and I avoid objects and people.
- I'm ready for Level 5!

**A TRAIL I LIKE A LOT:** \_\_\_\_\_

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**LEVEL 5**  Working On  Mastered

**GOAL: DISCOVER NEW TERRAIN**

**TERRAIN: GREEN AND BLUE TERRAIN**

- I can link turns on intermediate trails.
- I ride at a variety of speeds.
- I play with different gravity lines.
- I can change edges before the gravity line.
- I can ride introductory terrain park features.
- Safety: I understand Park SMART.
- I am ready for Level 6!

**WHAT I WANT TO LEARN IN SNOWBOARDING:** \_\_\_\_\_

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**LEVEL 6**  Working On  Mastered

**GOAL: EXPLORING TERRAIN**

**TERRAIN: ALL INTERMEDIATE TERRAIN**

- I can carve across the hill.
- I can link turns in uneven terrain.
- I can link switch turns.
- I can use my legs for steering and absorbing terrain.
- I can ride introductory and small park features.
- I can apply park SMART and understand ATML.
- Safety: I am aware of my body's hydration and food needs.
- I am ready for Level 7!

**MY MOST ADVENTUROUS SNOWBOARD EXPERIENCE:** \_\_\_\_\_

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